



The Early Pregnancy Loss Association

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Welcome to the Early Pregnancy Loss Association

We exist to support all women and families as they endure the grief of early pregnancy loss.

[Read our blog](#)

Read the stories of other women and families who have suffered loss.

[Donate to the EPLA](#)

Financially support the EPLA in their mission.

[Partner with the EPLA](#)

Partner your organization with the EPLA. We would love to support families through you.



Our Founder's Story

After experiencing two miscarriages in 2014, EPLA co-founder, Emily Carrington, became aware of the hushed culture surrounding early pregnancy loss. As she grieved the loss of her children, she noticed that this feeling of isolation was only increased because of a lack of resources available for women and families grieving early pregnancy loss. While paying miscarriage-related medical bills in January of 2015, Emily started to work on a simple idea: "what if we could make just one of these bills go away for other women?"

After a year and a half of talking to women, families, pastors, medical professionals, and care providers, the need for a community of people, educational resources, and financial support became clear. People came together with a heart to care for women and families following early pregnancy loss and the simple idea evolved to into the Early Pregnancy Loss Association (EPLA).



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Educational Resources

Below is a list of resources that we hope will guide you in your healing process.

Types of early pregnancy loss

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Medical care for ectopic pregnancy

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Emotional and psychological effects of pregnancy loss

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Grief counseling following pregnancy loss

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Miscarriage causes: facts vs. myths

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Medical choices and options for a missed miscarriage

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Medical care after pregnancy loss: your physical needs

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Getting pregnant again

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Our Blog

Read the stories of other women and families who have experienced loss.

I am thinking the blog will mostly be a place to give a voice to women and families who have experienced loss to tell their stories and remember their children. I also see using it as a place where we address miscarriage related topics that don't necessarily fit in our education section but still relate to our mission- such as posts about what to say to a family after loss, highlighting infant and pregnancy loss remembrance day, spotlights on other organizations/non-profits, discussions on the public dialog around miscarriage, etc. I see the blog being the more emotional/story portion if that makes sense.



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About Us

Who We Are

Based in Western Michigan, the EPLA is an association founded by Emily Carrington. After experiencing two miscarriages in 2014, Emily became aware of the hushed culture surrounding early pregnancy loss. As she grieved the loss of her children, she noticed that this feeling of isolation was only increased because of a lack of resources available for women and families grieving early pregnancy loss. While paying miscarriage-related medical bills in January of 2015, Emily started to work on a simple idea:

"What if we could make just one of these bills go away for other women?"

After a year and a half of talking to women, families, pastors, medical professionals, and care providers the need for a community of people, educational resources, and financial support became clear. People came together with a heart to care for women and families following early pregnancy loss and the simple idea evolved to into the Early Pregnancy Loss Association (EPLA).

What We Do

Early pregnancy loss (any loss occurring between 0-20 weeks gestational age) is the loss of a unique and infinitely valuable life, often bringing great grief to women and families as they suffer this death. Women and families experiencing early pregnancy loss are carrying the weight of death. In isolation, this weight seems too great for one to bear. But together, when we carry one another's burdens, the weight is eased, making room for peace and hope.

Our Core Values



Loving
People

Loving People

Early pregnancy loss brings anger, confusion, frustration, and sorrow. These emotions can lead to both emotional sensitivity and a hardening of heart in order to cope with the grief. To meet their unique needs during this time, women and families will be treated in a loving, nurturing, and respectful way.



Encouraging
Community

Encouraging Community

Together we can do more. To better bear the burdens of women and families, a variety of organizations and professionals can work together to meet these needs. Medical professionals, counselors, churches, and related non-profits all offer unique services to help ease the emotional, psychological, and financial burden of early pregnancy loss.



Grieving
Together

Grieving Together

Because of the hushed culture concerning pregnancy loss, many women do not know how to understand their heartache. Everyone grieves differently, and, though common, early pregnancy loss is an intensely personal experience. Whether they choose to grieve publicly or privately, women and families need a safe environment to experience grief. By acknowledging the frequency of early pregnancy loss and recognizing it as a death, families are granted space to grieve.



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Donate

Your Support helps us...

Provide educational materials to clinics and pregnancy centers

Your donation will help launch this program. We will need to hire experts who can help us develop content for educational materials. We will also design, print, and distribute the materials in a high quality and engaging format, then maintain follow-up communication with our pilot organizations.

Public Library Book Program

Many libraries do not have books that address early pregnancy loss available to their patrons. Understanding the power libraries have to provide communities with information, we want to provide public libraries that have no materials available with a small collection of recommended books for circulation. The growth of this program is mostly dependent on our monetary resources as we anticipate libraries will be eager to receive the donation.

Build Community

Many charities, support groups, books, websites, and Facebook pages address pregnancy loss. Yet, people often feel alone. We want to connect people to these organizations and resources.

Operate Effectively

While we wish we could spend all of our time developing materials, as a small non-profit start-up, we are burdened by day to day operation expenses.

Prepare for the Future

We intend to eventually have an endowment that helps cover operating costs and other specific programs.

Donate now!

My Gift

- \$25
- \$50
- \$75
- \$100
- \$200
- Other

Monthly Contribution

Please make my gift...

In Memory of...

In honor of...

My Information

Payment Method



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Partner

Join our Community!

We want to build a community of other organizations (e.g. churches, pregnancy clinics, social work agencies, etc.) that are dedicated to supporting women and families throughout early pregnancy loss. When you partner with the EPLA, we'll provide your organization with resources to help reach your clients who have suffered loss. We will benefit your organization in the following ways:

- Recommended Resource Guides (for care providers and families)
- Educational Material (bookmarks, info sheets, web & blog content)
- Public Library Book Program (donate recommended books addressing the physical, emotional, and psychological burden of miscarriage to public libraries)
- Bill Pay Program (ONE DAY - we hope to provide clinics and medical organizations with funds to subsidize the medical costs of miscarriage, eliminating a bill or partial bill for the grieving family)

All we ask for in return is accountability and feedback!

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